**Agenda Item:** 12.2 Physical activity for health

**Statement:**

Global Health Council, supported by AAP, NCD Child, and RTI International, supports the Director-General’s report on physical activity for health, as a critical component of the global strategy for NCDs prevention and control. We commend the report’s attention to health literacy, the role of the built environment, and the necessary engagement of stakeholders—from health professionals to schools and the private sector—to achieve equitable engagement in physical activity throughout the life course.

We request WHO and Member States to:

- Support national goal of 15% reduction of physical inactivity for all, including children and adolescents.
- Support strengthening of patient assessment and counselling on physical activity by appropriately trained health, community and social care providers.
- Promote physical activity as part of universal health care’s package of interventions.
- Encourage schools to use a “whole-of-school” approach to promote health and physical literacy that empowers people to make healthy decisions, and to support gender-sensitive athletic programs and activities.
- Support community leadership to encourage physical activity for all ages, recognizing varied physical abilities.
- Improve infrastructure with recreational spaces (such as parks) and safer roads (such as pedestrian crossings and sidewalks), particularly along routes to schools.
- Encourage participation of community leaders and youth as critical decision-makers for improved access to resources for physical activity.

We also urge that adequate and appropriate financing must be allocated to sustain systems that promote physical activity for all and provide for parks and community-based recreational facilities.

We support the vision of more active people for a healthier world.