

WHA72 Patient Champions



Bruno Carrattini

Montevideo, Uruguay

Twitter: [@BrunoCarrattini](https://twitter.com/BrunoCarrattini)

"I believe that the people who live with NCDs are key to make a difference in the priorities of those who make decisions, we need to be a strong voice that represents what we live to be heard and taken into account."

Bruno was diagnosed with type 1 diabetes at 17 years old. Living with diabetes provided him a new path full of surprises and uncertainties, requiring his total attention. Although learning to manage his diagnoses was not easy, Bruno has used his frustrations with the NCD to further his goal of expanding access to diabetes education and treatment to those in his community. Bruno has participated in the International Diabetes Federation Young Leaders in Diabetes and NCD Alliance Youth Champions programs as well as the World Diabetes Foundation's Youth Innovation Lab and the ECOSOC Youth Forum. Currently, Bruno works with the Uruguayan Diabetes Association as an educator and is studying to receive a master's degree in public health with a focus on nutrition.



Dr. Maria José Pires Machai

Maputo, Mozambique

"I would like to see more rapid diagnostic means, safer drugs in fixed-dose combinations, child-friendly formulations, better and shorter regimens accessible to those who are in need, so the missing cases are detected, treated, and cured, reducing the risk of transmission."

While completing her post-graduate work in clinical pharmacology, Dr. Maria José was diagnosed with multidrug-resistant tuberculosis (MDR TB). Since then, Dr. Maria José works to educate health professionals who are exposed to TB in their work environments, advocates for healthier work conditions, and reduces stigma around TB in addition to visiting patients in her community.

Additionally, Dr. Maria José sits on the Mozambique National and Provincial Technical Working Group for MDR TB, supporting policy change related to prevention, the introduction of new drugs, and improved regimens.



Jyotsna Roy

Delhi, India

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"The rationale for investing in civil society is clear: a vibrant and strong NCD civil society movement capable of delivering its four primary roles—advocacy, awareness raising, improving access, and accountability—are prerequisites for the success of the UHC."

Jyotsna was diagnosed with rheumatoid arthritis, which severely impacted her ability to complete everyday tasks she once enjoyed. Her diagnoses led her to work to improve conditions for people living with NCDs. In addition to working as an Institution and Social Development Practitioner, Jyotsna works with the Nada India Foundation and the Health India Alliance to empower those living with NCDs to advocate on their own behalf and make their voices heard, particularly raising awareness around the ways gender impacts health and wellbeing.